

INDIRA NATIONAL SCHOOL

PRIMARY SECTION - MENU - FEBRUARY- 2018

DAY	BREAKFAST	LUNCH			
01 THUR	Idli, Chutney	Bharleli wangi	chappati	Pulao	Raitha
02 FRI	Spinach cheese balls, sauce	Marconi in tomato sauce	butter vegetables	Garlic Bread	Corn soup
05 MON	Veg upma, banana	Doodhi chanadal	Chappati	Rice	Varan
06 TUE	khaman dhokla, imli chutney	Gatta saag	Chappati	Bisibelebhaat	Betroot porial
07 WED	Veg chutney sandwich, sauce	Amrisarti chole	puri	Peas pulao	raitha
08 THUR	Idli, bhopla sambar	Aloo gobhi sukkha	methi paratha	Rice, moong usal	Salad
09 FRI	Moong Dal Kachori, Sauce	Bhaji	Pav	Moong Kichidi, Kadi	Semiya Kheer
12 MON	Aloo poha, Papaya	Shak bhaji	Chappati	Masala Bhaat	Bobbies
13 TUE	Holiday				
14 WED	Masala Bun, Sauce	Aloo bhendi	carrot paratha	Rice, chowli usal	Salad
15 THUR	onion uttapam, chutney	Tawa veg	Chappati	Soya pulao	boondhi raitha
16 FRI	Samosa, sauce	Veg manchurian	Hakka noodles	Corn fried rice	Fruit custard
19 MON	Holiday				
20 TUE	nutrinugget rolls, sauce	chatpata aloo	chappati	bisibelebaath	Fryums
21 WED	Tomato Pasta, Corn Chaat	Palak Paneer	chappati	Rice, harbara usal	Salad
22 THUR	Veg burger, sauce	Baingan Masala	Chappati	Rice, mix dal	papdi chaat
23 FRI	Veg Cutlet, Sauce	Missal	Pav	Rice, Dal Tadka	Gulab Jamun
26 MON	Sabudana Kichidi, Apple	Tofu butter masala	chappati	veg pulao	Raitha
27 TUE	Cheese Slice Sandwich, Sauce	Dal cabbage	chappati	Rice	Moong usal
28 WED	Mix Veg paratha, Green chutney	Veg Kurma	Puri	Jeera rice, Dal	Salad

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SECONDARY SECTION MENU - FEBRUARY- 2018

DAY	SNACKS	BRUNCH		
01 THUR	Idli, Chutney	Bharleli wangi	chappati	Pulao, raitha
02 FRI	Spinach cheese balls, sauce	Marconi in tomato sauce	butter vegetables	Garlic Bread
05 MON	Veg upma, banana	Doodhi chanadal	Chappati	Papdi chaat
06 TUE	khaman dhokla, imli chutney	Meduwada	Pumpkin sambar	Bicibelebhaat
07 WED	Veg chutney sandwich, Sauce	Amrisarti chole	puri	Peas pulao
08 THUR	Idli, Bhopla Sambar	Aloo gobhi sukha	methi paratha	Rice, moong usal
09 FRI	Moong dal Kachori, sauce	Pav	bhaji	Semiya kheer
12 MON	Aloo poha, Papaya	Shaak Bhaji	Chappati	Masalabaath
13 TUE	Holiday			
14 WED	Masala Bun, coconut cookies	Aloo bhendi	carrot paratha	Rice, chowli usal
15 THUR	Mini onion uttapam, chutney	Tawa veg	Chappati	Soya pulao, boondhi raitha
16 FRI	Samosa, sauce	Veg manchurian	Veg Hakka noodles	Corn fried rice, fruit custard
19 MON	Holiday			
20 TUE	Nutrinugget rolls, sauce, orange muffin	Rawa idli	chutney	bisibelebaath
21 WED	Veg burger, sauce, butter cookies	Palak Paneer	Chappati	Rice, harbara usal
22 THUR	Tomato Pasta, corn chaat	Baingan Masala	Chappati	papdi chaat
23 FRI	Veg Cutlet, Sauce	Missal	Pav	Gulab Jamun
24 SAT	Missal Pav, Gulab Jamun	Samosa, Chikki		
26 MON	Sabudana Kichidi, Apple	Tofu butter masala	chappati	veg pulao
27 TUE	Rawa Idli, chutney, sambar, Seviya kheer	Slice Cake, Banana		
28 WED	Holiday			